सिंहदर्बार
यो कर्मशैलीको आगर्मा कर्मको उदाहरण

जीवन चक्र
तेह्रौं भाग

Supported by: USAID
Produced by: सर्व फर कर्मन ग्राउप्ड
Designed by: ad media
सिंहदरबार

सिंहदरबार नेपालको राजदिव्य सरकारको काम कार्यालय ग्राम अधिकारको सुरुवात र विकास गरिएको अस्तित्व धेरौं छ। यस नेपालको पहिलो महान राजधानीको भवन र उनले विभिन्न राजनीतिक अवस्थाहरूलाई कर्षिका छलफल र सड़कार्यको माध्यममा सुलभित्तिएको भन्ने कुरा विविध गरिएको छ। इतिहासी कार्यालय ग्राम अधिकारको शुरुवात एवं व्यापारी कृषि, राजनीति विवाद, युद्ध, रोजगार, आयामवाद लगायतका मुद्दाहरण निविड़ सेवा र आयाम व्यापारी सहायता भएर दशकहरूमा हादसा हो भएको छ।

सिंहदरबार डिप्लोमास्ट्री प्रादेशिक र मायने यस फोटो नेपालको विस्तारस्तु र प्रस्ताव र अभावस्तु सुरुवात समेत सर्व फर कमन प्राप्त, USAID र अमेरिकी सरकारको विविधता सिंहदरबार प्रमिता र प्रतिष्ठित गर्ने।

Backup: यस फोटो नेपालको विस्तारस्तु र अभावस्तु सुरुवात समेत सर्व फर कमन प्राप्त, USAID र अमेरिकी सरकारको विविधता सिंहदरबार प्रमिता र प्रतिष्ठित गर्ने।

सयर्द फर कमन प्राप्तको प्रस्तुति
सिंहदरबार
यो कार्यभूमिका अधिकार कर्मचारी उपाधि
What does the caterpillar think when it enters its dark cocoon? Does it think it’s the end of its life? Does it imagine what awaits after that long, cold dormancy?

If we have the sight, there’s light within darkness, if we have the understanding, there’s knowledge in ignorance and if we can listen, there’s music even in silence.
The documentary created a lot of controversy. Even if I'm interested, it might not be appropriate to make a public appearance at this time.

This isn't about appropriateness. You lost your father and your mother lost her husband. If it still hurts after 37 years...

Imagine, what must be going through the minds of the people who lost loved ones just 15-20 years back.

They are looking for answers, and inspiration. This is the right time.

Sumnim, thanks. Please inform Mr. Yubaraj about the meeting.

You've always championed the cause of the conflict victims. Why are you afraid now?

Singha Durbar - Meeting Room
What is so surprising here? It isn't necessary that only big nations make a bid. What we need is the will to do something.

Indeed. If we get the chance, it will be a big opportunity for us to bridge the divide between languages, religions, and caste.

It's an opportunity to show that Nepal can join the ranks of international cricket champions and compete with them.

It's an excellent chance to showcase Nepal as a world class destination. The revenue potential is there, but more important is the employment it will generate.

Mr. Kamal, it's not enough to just dream. We don't have the resources and the cash reserve.

Another thing, what if our cricket team doesn't even qualify for the Division A World Cup?
Let it not be much ado about nothing. That's all I have to say.

We can only make the bidding deadline if everyone gets on board quickly. Shall I put it on cabinet agenda?

Yes, please do so. Mrs. Nandini and Mr. Yubanraj, please look at possible co-hosts.

This is a visionary initiative...

...but before moving ahead, the people need to heal first. Please try and make it to the candlelight memorial.
Yubaraj invites Biswas and Sumnima to watch the Nepal–Afghanistan cricket finals at his residence. He tells Sumnima to inform Navin as well. Meanwhile Kamal asks Biswas to meet him at his home.

Baluwatar - Prime Minister's Residence

Kamal: What sets off these panic attacks?
Biswa: Anything that reminds me of the night my father was taken. Loud noises, small spaces, loadshedding, bathroom, helicopter.

Yabaraj: Didn't you seek help before this?
Biswa: No.

Yabaraj: Oh!}

Biswa: It's not uncommon. I know you came to see how you could help your mother. But it's important to heal yourself first.
Will it be possible to be free from this cramped feeling?

Yes. Don’t worry. We’re there for you.

Suddenly everyone is more interested in cricket than politics.

By the way, how is Ramananda Sir? Any progress on his heart transplant?

Asha, I told you just yesterday, we haven’t found a donor yet.
लाईक, यसको निमित्त 'ल्याईक'को प्रदर्शनको।
Hello viewers! I am Aditya, your commentator for this match.

लाईकको बाह्य छ, यसको कारण यस प्रायः उच्च-नुसारका निमित्त एकदम्य महत्त्वपूर्ण छ।
You must know, this match is very important for both countries. Nepal's captain is already on the field...

म थाहि न छ जसले।
I'm free right now. Shall I drop you off?

एकौं छि, म एकौं बाहिर गएर आउँछु।
I'm going out for a short while.

नीलै, पर्नु। म ट्राफिकलाई जानछु।
No need, I'll take a taxi.

सिङ्गिता दुर्बाल - सिंहदर्बार सेना बल
Sinhag Durbar - Cabinet Meeting Hall

हामीले म्यानमार र बांग्लादेशको महानिर्धारको हुन प्रस्ताव पनि दिनगर हो।
We've placed a proposal to Myanmar and Bangladesh to co-host the event.
We’ve already lost 5 wickets... I don’t think our boys will even qualify.

Should we divert our efforts to sports while we’re preparing for elections?

The election is our priority. As far as our involvement in sports...

All we’re proposing at this stage is to prepare for the bid. The actual competition will be years away.

Again a wicket down.

Mr. Rai, we’re in a cabinet meeting. Please switch off your phone.
We have a new constitution. The elections are happening this year. The Special Courts for the Truth and Reconciliation Committee are functioning.

We are transitioning to federalism in a phased manner. This is the logical conclusion that we talked about for years.

So, it’s time to look forward, to strive for something new.
As a coalition, we’ve spent a lot of time disagreeing. Can you state one instance when we stood as one?

Enough of divisions. Our people have had years of conflict, they even endured a never ending peace process.

They want to see our country moving forward, into a new future. Let’s hope Nepal’s success unites us.

And that should be cricket?
This will boost investment, tourism, revenue and morale.

We should look beyond our term in government. Let's leave a mark in the future with our work.

We shouldn't work just for credit, but to lay the foundation for the future.

There's still some hope, if we win the match against Bangladesh with a significant run rate, we could still qualify for the World Cup.

Fine... I have a proposal, let's bid if we win.
Okay, let’s move on to another subject.

Regarding the elections... there are 191 municipalities, 3,276 VDCs and over than 35,000 ward citizen forums.

We need to deliberate with the Commission about holding local elections. Further, the Climate Change Conference...

...is happening next month. All the South Asian Prime Ministers are attending. We have to finish the preparations 15 days before the event.

Even though we lost, the boys are playing quite well.
Greetings! You performed very well against Afghanistan. If we play with the same spirit next time, we will surely win.

Hello, Madam Prime Minister. This is the coach of Nepal cricket team speaking.

Good luck!

We are waiting for that. Your support is an honor and inspiration for our team. Thank you. We'll give it our best.

Nepal cricket team's coach served as Nepal's Prime Minister. Were you expecting me?

I knew you'd come.

You know, I am very bad at connecting with people.
When I found out that you’d be coming for the documentary screening, I spent hours figuring out what I’d say to you.

I did try to meet you before I shifted to London. But I felt odd to meet you.

I didn’t know what to say to you since you were mourning his death.

Mourning?
गोस्तेक मुझे भिडियो?
You didn't find anything else?

एक महिलापत्र का यातनाहरू का निर्देशन राजा भन्ने अस्वस्थता रहेछ।
After a month of torture, he couldn't take it anymore.

उसका मामला आफ्नो बिङ्को सामाजिक सहयोग द्वारा सुसज्जित बनाउने हो।
He was then ready to share the location where his friends were staying.

प्रतीक्षा लगाउँगा यस निर्देशनमा। मेरो सिपाहीलाई मात्रै त्यो क्षेत्र र राख्नुहोस्।
The police asked us for help. My senior handed me the case...

र मैले नाइट बन्नु सक्छौँ। विश्वासपूर्वक मैले बन्नु प्रयास गर्नुहोस्। वर्षा घेर्ने व्यवस्था गर्नुहोस्।
... and I couldn't refuse. Suddenly, there was a gunfire. Everyone started to fire...
Did you shoot?

Durga leaves after she hears that her husband was shot.

Durga puts the book on her chest. She is sobbing.

I think I did the right thing by bringing her here. How do I thank you.

What are you reading? You like reading?
Prime Minister’s Residence – Durga Room

You can’t blame a single person for a spontaneous situation that arose out of circumstances.

Mother, we should welcome the future with a smile.

In life, everyone is taking someone or the other for a ride.

I hope one day they’ll understand... and accept me for what I am.

Durga touches the photo of her husband.
Durga smells the cloth of her husband.

Mother, what are you doing??

I want to donate these clothes to the old people’s home and perform your father’s death rituals too.

I'm thinking of those families who have no idea what happened to their loved ones even now.

You must help them, Asha. They deserve to know the truth and get justice as well.

Mother, let's go to the candlelight memorial tonight.
I've also lost my father and I can feel your pain. I will find the truth about your daughter.
He was my friend. Forgive me if you can.

Durga looks at the mirror she sees her tilka on her forehead.

She realizes she is a widow and she sticks the tilka back in the mirror.
Asha's Car

What is the prayer for?

For Team Nepal. Nepal has to win today.

Ramananda Residence – Courtyard

Improving. I loved the idea of bidding for the World Cup.

For that we need to win this match first.

How are you feeling?

One thing is for sure. Aashus have a host of reasons to celebrate today.
Oh Maya, how are you?

Happy Birthday to you!

Thank you. I’m happy that you came.

How is Ranananda Sir’s health?
We are waiting for a donor, but I feel it won’t be necessary. His heart is showing signs of improvement. Let’s see...
Now we need 4 more wickets to win! Yes!!

Suddenly Maya Screams...

Call the ambulance. Call the ambulance!
माया अली जोड़ गए, अलि बोला गए।
Maya, you have to push a bit. Try harder!

लाहू बालाजी हो। कमयु।
This is the last chance. Common!
नय, कोही। सभी सह सहे। कोही हुनै चाहाँ।
Maya, take deep breathes. Don't worry, nothing will happen.

शब्द कारको खामाज जारीह। मायाले शब्दा जम्माहीरिन्।
Sound of baby crying. Maya born a baby.

अनियम बिक्रेत फर्ज। Last wicket dropped down

सबैलाई नेपालको विजयमा रामकीर्ति।
Everyone starts cheering at Nepal's win.
Mr. Malla Residence - Living Room

Hurray!!

Mr. Thapa Residence - Bar

Cheers!!!

Chief Secretary’s Residence - Living Room

Wow, so Nepal actually did it...

Ramananda Residence – Courtyard

Yeah... Hurray!!

Congratulations to everyone. Maya just delivered a baby girl!
Madam Prime Minister, we just got news, Myanmar and Bangladesh have agreed.

The bidding deadline is very close.

Mr. Chief Secretary, we are last minute wonders. But without you, it would be impossible to achieve what we did this year.
As a Prime Minister, how did you cope with the challenges in your first year in office?
معلوماً نه؟
Tomorrow?

सहकालको बेला मैंने डिनर सेवकको डेमन | न म एक्सेल डेटा गर्ने पती सोशल | मैंने टीम को असफलता भए भने साथ मात्र विफाल हुँ

I'm not trying to take credit for the success. I did nothing on my own. My job was simply to support an incredible team.

तपाईंका बर्मा पुरा नम्बरका स्वरूप छैन कि?
Do you have any unfulfilled dreams?

कारण छल्लु। विज्ञान न त्यो महक्कात गरिएको गुणितकाल: विटामिन जने मलाई विवाहित प्राप्त छ।
Of course, I envision a day, where poverty will be a thing of the past.
Sage: This is a miracle!

When it’s time, the caterpillar emerges from its dark cocoon. It spreads its wings, slowly. It will have changed into a radiant butterfly. This is transformation. A lot of us perhaps feel the same way. We feel the darkness will engulf us any moment. But in each of us is a butterfly within, with wings waiting to flutter. And upon emerging, is a flight that’s unfettered and free.
SINGHA DURBAR – PHOTO NOVELLA

The 13 Photo Novellas has been produced to strengthen the messages of good governance and collaborative leadership as depicted in Singha Durbar TV Series. This guideline will further direct the use of Photo Novellas and the message it carries. Ask questions and get talking about the issues dealt in the Photo Novella.

PARTICIPANTS: Students, youth leaders, upcoming political leaders, political leaders, and general public.

DISCUSSION GUIDELINES:

SFCG Nepal believes in meaningful participation of target audiences. Audience views/participation should not be influenced, manipulated, or planted. The facilitator need to be mindful of the following

<table>
<thead>
<tr>
<th>Do</th>
<th>Don’t</th>
</tr>
</thead>
<tbody>
<tr>
<td>Listen to them. Participants will want to share their stories with you.</td>
<td>Give information but instead allow people to discuss the information they require.</td>
</tr>
<tr>
<td>Protect privacy. If you feel someone is about to speak inappropriately about someone else, you may need to interrupt with a reminder. This is called protective interruption.</td>
<td>Take sides. Keep personal opinions at bay. Instead, take interest in what the participants are saying.</td>
</tr>
<tr>
<td>Get participants to take down notes of issues they feel need to be discussed or highlighted.</td>
<td>Portray yourself as an authority figure. Give information that is not verified or is not supported by evidence.</td>
</tr>
</tbody>
</table>

QUICK NOTES:

• Up to 10 participants with round table setting.
• 30 minutes of Singha Durbar TV series and 30 minutes for discussions.
• One facilitator.
• Take photos and also seek for permission from the participants.
• It is important to set-up the projector, laptop, and episode before the participants arrive to save time.
• Share your experience and photos with us at sfcgnepal@sfcg.org.

EPISODE 13: TRUTH AND RECONCILIATION AND FORWARD LOOKING.

STORY:

Prime Minister Asha is determined to get the Cabinet of Ministers to see the value of Nepal putting in a bid for Cricket World Cup, but faces opposition when the National Cricket team lose one of the qualifying matches. The Cabinet is busy planning for elections while PM Asha and her mother find the truth of what happened when her father disappeared, and are finally able to grieve. PM Asha consults a counselor to find out how to help her mother, but instead discovers she must work on her own traumas first. A year into the government, PM Asha also reflects on her term as the Prime Minister of the country and finally announces the election date. The people will decide.

QUESTIONS:

1. Do you think PM Asha will win another term? Why?
2. Are you aware of mental health issues? How does PM Asha suffer from this disorder?
3. Do you think PM Asha’s move to call the Cricket Captain and the team was a good call?
4. Like music, do you feel that sports unifies people?
सिंहदरबार‌स्तो नोेला
सिंहदरबारको यो १२ फोटो नोेला सुरुवात तथा सहकार्यमा नेपाललाई प्रदर्शन गर्ने मुख्य लागि सर्वाधिक गरिएको हो। फोटो नोेलाले दिनको संदर्भको धारित प्रश्नको लागि पस्त निर्देशकले सङ्केतमा पुनःचन्द्र र छलफल गरिएको।

सहभागीहरू: विख्यात, पुस्तक नेता, यस्ती राजनीतिक नेता, राजनीतिक नेता र साहित्य नागरिक।

छलफल निर्देशिका
सर्व नेपाल अन्यथा सहभागीमा विवाचार गर्न। छलफल चलाउँदा ग्रोटा तथा सहभागीहरूको विचारलाई आफ्नो कुरू प्रभाव निर्णयहरू। सहजकाली ध्यान दिनुभए जबर्दस्त यहाँ प्रकार छुट्न।

<table>
<thead>
<tr>
<th>अनुपम</th>
<th>अन्तर गद्दी</th>
</tr>
</thead>
<tbody>
<tr>
<td>सहभागीहरूको क्रमाँकलिए प्रस्ताव दिए सुनाउनु हो।</td>
<td>जानकारी दिनुहोस्। तर जानकारीहरू छलफलको नियन्त्रण प्राप्त गरिनुहोस्।</td>
</tr>
<tr>
<td>गोपीनाथ नाकाराल्लो।। जीवितै जीवितै गरिन्।। लागि लागि।। बाहुल्य भने। रङ्गलाई गरिन्।।</td>
<td>आफ्नो दुहाको रानुको निरीक्षण गरिनुहोस्।। र सहभागीहरूको लागि कुरूकालमा पनि ध्यान दिनुहोस्।</td>
</tr>
</tbody>
</table>
| सहभागीहरूलाई आफ्नो बिचार तथा प्रश्नहरूलाई अनुरोध गरिनुहोस्। | आफ्नालाई अधिकारकलाई कृपया ध्यान दिनुहोस्।। 
| र्यासो सुचना निर्देशन गरिनुहोस्।। | ज्ञात निरीक्षण र अधिकारकलाई हामी पनि। |

ध्यानमा राख्नुहोस् काराहरू:
- १० जना सहभागीहरूलाई गोरी पेशा बनाउन राख्नुहोस्।
- ३० मिनेट छलफलमा रोस्त्राको समय दिनुहोस्। र ३० मिनेट ध्यान गर्नुहोस्।
- एक्राना सहजकाली पुण्यमय।
- फोटो दिनुहोस् तर फोटो दिनेको स्थानमा सहभागीहरूको स्वीकृति दिनुहोस्।
- सहभागीहरूको आफ्नो निर्देशकलाई व्यक्तित्व, प्रोफेसरले र सिन्हदरबाको एकभाग तथा परिचय दिनुहोस्।
- सिन्हदरबार समुचित आफ्ना अनुभव र तर्कवाद नेपाल sfcg nepali@sfcg.org ना पठानुहोस्।

गण १३: सत्य तथा गेलिङ्गलाई र अधिकृतता लक्षित दृष्टि

क्षेत्र
प्रधानमन्त्री आश्रामलाई आफ्नो मन्त्री परिषद्द्वारा विशेषकर राष्ट्रीय स्वर्णभुमि प्रकरण र नेपाललाई पुनःभारत साहित्यकारको गरि भने र राष्ट्रिय गानको गरि भने र राष्ट्रिय कामलाई घोषणामा पुनःभारत।

प्रश्नहरू:
१. प्रधानमन्त्री आश्रामलाई आफ्नो प्रस्ताव दिनुहोस्। किन? 
२. तपाईलाई मानकर र वस्त्रानि कोमानी गर्नौ भएको छ? प्रधानमन्त्री आश्रामलाई आफ्नो मन्त्री परिषद्द्वारा विधायी राष्ट्रिय गान अभियनमा घोषणार भएको हो? 
३. प्रधानमन्त्री आश्रामलाई आफ्नो कार्यक्रम र विद्यालयको गरिन्छ। क्षेत्रका तपाईलाई भन्नौ भएको छ? 
४. प्रधानमन्त्री आश्रामलाई आफ्नो प्रस्ताव दिनुहोस्। सहभागिता जनाउँदै? किन? 
५. संगीतज्ञहरूलाई देखि तपाईलाई पनि विश्वसनीय प्रकरण एक्राना बनाउन र राष्ट्रिय कामलाई घोषणामा पुनःभारत। किन?